



The Snap-Clap, Chit-Chat, Pitter Patter Newsletter

*And now these three remain: faith, hope and love. But the greatest of these is love.
1 Corinthians 13:13*

Dear family,

My goodness this year is flying. Thankfully, Spring Break was only 1 week long and *not* 5 months this year. We pray you will experience the glory of Easter and rejoice in the Resurrection of Jesus, Our Savior. As the brown, gnarly foliage, burnt from the late winter snow begins to flourish as evident by the numerous shades of green unfurling, we are reminded of new life, a fresh start. Let us embrace the grace and mercy poured out for us from the cross. Prune the darkened, dead aspects of our misdeeds, forgive one another, spread peace, plant seeds of kindness, shower joy on all those you meet and let your light shine. Watch love bloom.

The days are growing longer in the anticipation of summer, so goes our excitement and expectations while we watch the COAL Center rising from the demolished site. From a broken building in utter clutter with poor lighting, cracked floors, and a leaky roof will rise a beautiful facility where we will bring hope by providing cutting edge, evidence-based therapy to assist our clients in becoming the best version of themselves.

We wait in joyful hope for the day we can serve our area with the new LokomatPro® robotic device and Armeo Spring machine. Keep watching. Keep praying it's really happening. LWM



Volume 1 Issue 11
April 2021

Upcoming Events:

- ☺ Easter BREAK 4/2/21
- ☺ Prayer group-pending
- ☺ VBS- still pending
- ☺ Remodeling
- ☺ Reconstruction

Inside this issue:

World Autism Awareness	2
OT Month (continued)	2
Cynthia, Cynthia, Cynthia	2
Thank you	2
40 Fun Ways to Celebrate your OT	3
Spring has Sprung	3
Staff News	4
Notices GOOD Friday	4
The COAL Center update	4
Purse B-I-N-G-O	4
COMING SOON	4

#OTMonth

We would like to express our gratitude for Peyton Speed, OTR and Jayde Stockbauer. COTA, not only during Occupational Therapy (OT) Appreciation Month, but every day of every week of the year. We would not be a complete family without you.

What is OT? Occupational therapy is the only profession that helps people across the lifespan to do the things they want and need to do through the therapeutic use of daily activities (occupations). Occupational therapy practitioners enable people of all ages to live life to its fullest by helping them promote health, and prevent—or live better with—injury, illness, or disability.

Common occupational therapy interventions include helping children with disabilities to participate fully in school and social situations, helping people recovering from injury to regain skills, and providing supports for older adults experiencing physical and cognitive changes.



Continued on page 2

World Autism Awareness

Autism, a neurodevelopmental disability, has been studied since 1908. In the 1940s, 2 doctors, Leo Kanner and Hans Asperger studied children with difficulty adapting to change, difficulty with social interaction, some with echolalic speech others with the ability to speak, sensitivity to sensory stimuli, motor planning issues food intolerances, good memory and some with good intellectual potential. Research has evolved over the years. An increase in information and therapies in the 1980s and 90s have resulted in improved outcomes with children who are diagnosed with Autism. Early and intense intervention provide the best success. Today it is estimated that 1 in 54 children are affected by Autism.



For great information go to:

[National Autism Association](http://NationalAutismAssociation.org) | Providing real help and hope for the autism community since 2003.

&

www.news-medical.net/health/Autism-History.aspx

#OTMonth continued from page 1

Occupational therapy services typically include: an individualized evaluation, during which the client/family and occupational therapist determine the person's goals, customized intervention to improve the person's ability to perform daily activities and reach the goals, and

an outcomes evaluation to ensure that the goals are being met and/or make changes to the intervention plan.

Occupational therapy practitioners have a holistic perspective, in which the focus is on adapting the environment and/or task to fit the person, and the person is an integral part of the therapy team. It is an evidence-based practice deeply rooted in science.

<https://www.aota.org/> [What is Occupational Therapy?](#)

Cynthia, Cynthia, Cynthia

No one is more cherished in this world than someone who lightens the burden of another. ~ Unknown

No where is this more true than at BKS. We appreciate the load you carry. Without you we'd be a 4 wheeled cart with only 2 wheels rolling. Happy Administrative Professional Day Week, let's make that Month!

THANK YOU

Interesting how things happen that bring our focus to what is important but often taken for granted. Things like flipping the switch and having light, turning a knob and having water. The privilege of worshipping, voting, or having an opinion. Given the current circumstances we have endured over the last few months it seems very appropriate that April is the month for appreciating linemen and plumbers as well as remembering prisoners of war (POW). If you work in the energy/power or plumbing industry in any way, Thank You! If you have a family member or friend that is or was a POW, our most heartfelt gratitude for their service to preserve the freedom and privileges of our country. May God bless the work of your hands and the sacrifices you make especially those that go unnoticed or in times you go above and beyond for the sake of others.

To plant a garden is to believe in tomorrow.

Audrey Hepburn



40 Fun Ways to Celebrate your Favorite Occupational Therapist this Month

Tear paper into strips

Use tweezers to pick up small objects, such as buttons or beads

Use a hole punch to create designs in paper

Put a puzzle together

Use toothpicks to pick up small pieces of food

Create shapes and objects with Play-Doh

Put Cheerios™ or Fruit Loops® on a string and create an edible necklace

Play games that involve rolling dice, such as Yahtzee OR Play a card game, such as Uno

Place fun stickers on paper

Draw with chalk on the sidewalk

Play with Lego® pieces and create buildings, vehicles, animals, or people

Paint Easter eggs with a paintbrush—or with fingerpaints

Sort different shapes of pasta OR Sort coins into piles

Play with blocks

Use a spoon to move dry pasta or beads from one jar into another

Stack coins as high as possible OR Drop coins into a piggy bank

Color a picture with colored pencils or crayons OR Write or draw pictures on a dry-erase board

Cut paper shapes for shadow puppets. In a dark room, project the shapes on the wall using a flashlight

Bake cookies; either form the dough into balls or roll it out and use cookie cutters to create the shapes

Cut out pictures from calendars and magazines and glue them onto a blank sheet to make a collage

Write out a list of favorite movies or animals

Play catch OR Shoot basketballs into a hoop

Cut a piece of paper in half as straight as possible

Draw a picture of family members

Do a garden cleanup and pull out the weeds

Make confetti by tearing up paper

Practice tying shoes

Fold clothes

Sort shells from the beach or rocks by size

Use Q-tips® to paint

Make a paper airplane and try to land it in certain spots

String paper clips together

Make water balloons and try to throw them at a particular object

Build a sandcastle on the beach

Play dress-up and try on different jackets and coats that have buttons and zippers



[50 Occupational Therapy Activities for Kids + \[Printables\]](#) | University of St. Augustine for Health Sciences

Spring has Sprung -Look up

What glorious colors do you see in the sunrise or sunset?

What cool shapes or objects do the clouds form?

Stare into the night sky - Enjoy the stars.

Which constellations can you identify?

Can you spot any falling stars?

How amazing are the daily gifts of the sun, moon and stars!

When it rains look for the rainbow, is it a complete bow?

Are there more than one? Can you pick out all the colors?

A Little Humor

How does the
Easter Bunny stay
in shape?





Phone: (361) 578-2257

Fax: (361) 578-2260

Email: buildingkidsteps@gmail.com

Facebook– Building Kid Steps
<http://www.buildingkidsteps.com>

*Nanc Coepi
 "Now I Begin"*

BKS is a proud sponsor of the
 Cole Ohrt Walk Strong Nonprofit
 FUNdraiser



Purse B-I-N-G-O
 May 6, 2021
 Doors open @ 5:45
 BINGO starts @ 6:30
 Cuero VFW
 \$40.00 /person or
 \$375.00 for a table of 8
 Refreshments available

Ask for details and tickets at the BKS
 Office. Hope you can join us for a good
 time to support a great cause.

COMING SOON

An opportunity to honor or memorialize
 someone who has fought the good fight,
 struggled against all odds, strengthened for
 the journey broke through
 the golden chrysalis to
 become an exquisite butterfly
 who joyfully soars to the
 heights of their unique
 journey.



Details on how you can

STAFF NEWS-

We welcome Kelsey Hicks to the BKS family as an
 office staff member.

We extend a farewell to Jordan Rogers as he is
 blessed with an opportunity to service his family well.
 Best of luck.



Birthday Wishes & Blessings

Lori 4/12
 Kelsey 4/16

Answer to The March Joke:

What would you get if you crossed
 a leprechaun with a Texan?

A pot of chili at the end of the rainbow!



NOTICES

EASTER BREAK
BKS will be closed
GOOD FRIDAY
APRIL 2, 2021



The COAL Center– update

The timelines and design are not exactly what we
 anticipated in November when we first announced the
 joint effort of The Cole Ohrt Walk Strong Nonprofit
 and Building Kid Steps adventure to be housed in the
 new addition called the COAL Center. Despite the
 setbacks, great progress is being made. Our excitement
 grows each day.

We all struggle with something whether it's our plans
 not cooperating with reality, physical challenges,
 emotional breakdowns, financial woes, spiritual
 dimness or a combination it is this struggle that
 strengthens our wings so we can soar.

The metamorphosis of a butterfly from the chrysalis,
 the golden sheath that surrounds it, is indeed a
 struggle, but oh so worth the effort to be freed from
 the confines and limitations to emerge with the
 fortitude to live the purpose we were created for.