



The Snap-Clap, Chit-Chat, Pitter Patter Newsletter

"I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you."

Psalm 32:8

Dear Family,

My goodness this summer is flying! We hope you have been able to spend some quality and relaxing time with family and friends. We have had a busy summer here at BKS. A great time with crafts, stories, music and water activities at VBS. Fun with friends during our Friday Teen and Tween get togethers. A little playfulness with our weekly theme challenges. And a interactive evening with Megan and the USBORNE Book Raiser. (It's not to late to participate). We have been very busy behind the scenes with training as well. To continue our commitment to our staff, patients and families, and our desire to be life-long learners, it seems appropriate that we take a short break to regroup and look at ways we can better serve you. August is a time we are all looking at a fresh start, new Classrooms, teachers, maybe a new friend in the neighborhood, perhaps even a different school or jobs this year. Take it easy, be kind to yourself as you are to others. Ease back into your routines, communicate with your family, co-workers or our staff. Thank you for trusting us with your children. We appreciate your confidence and patients as we continue to grow and improve as an extension of your family and the community. Please note the schedule changes indicated in the newsletter. Have a blessed 2021-2022 school year. LWM



Volume 2 Issue 3
August 2021

Upcoming Events:

- ☺ Prayer group-pending
- ☺ USBORNE Book Raiser continues through midnight August 13
- ☺ Clinic closed August 19th & 20th staff retreat

Inside this issue:

Bullying -3 parts	2
Respect for Parents	2
Time with your Children	2
Preparing Your Littles Before School Begins	3
Making the First Day Easier	3
Congratulations- Let's Have Some Fun Winners	3
Staff News	4
Notices	4
USBORNE Virtual Book Fair	4

*****Attention*****

Building Kid Steps is changing our hours of operation effective August 23, 2021

The new schedule is as follows:

Monday 8:00 - 11:45 & 1:00-5:45

Tuesday- Thursday 8:00- 5:00

Friday 8:00-12:00



Bullying— Bullying or cyberbullying is when one child picks on another child repeatedly. Bullying can be physical, verbal, or social. It can happen at school, on the playground, on the school bus, in the neighborhood, over the Internet, or through mobile devices like cell phones.

When Your Child Is Bullied

- Alert school officials to the problems and work with them on solutions.
- Teach your child to be comfortable with when and how to ask a trusted adult for help. Ask them to identify who they can ask for help.
- Recognize the serious nature of bullying and acknowledge your child's feelings about being bullied.
- Help your child learn how to respond by teaching your child how to: 1. Look the bully in the eye. 2. Stand tall and stay calm in a difficult situation. 3. Walk away.
- Teach your child how to say in a firm voice. 1. *"I don't like what you are doing."* 2. *"Please do NOT talk to me like that."*
- Encourage your child to make friends with other children.
- Support outside activities that interest your child.
- Make sure an adult who knows about the bullying can watch out for your child's safety and well-being when you cannot be there.
- Monitor your child's social media or texting interactions so you can identify problems before they get out of hand.

When Your Child Is the Bully

- Be sure your child knows that *bullying is never OK*.
- Set firm and consistent limits on your child's aggressive behavior.
- Help your child learn empathy for other children by asking them to consider how the other child feels about the way your child treated them. Ask your child how they would feel if someone bullied them.
- Be a positive role model. Show children they can get what they want without teasing, threatening or hurting someone.
- Use effective, non-physical discipline, such as loss of privileges.
- Focus on praising your child when they behave in positive ways such as helping or being kind to other children as opposed to bullying them.
- Develop practical solutions with the school principal, teachers, school social workers or psychologists, and parents of the children your child has bullied.

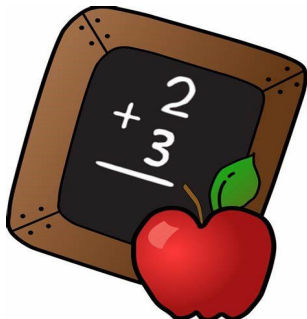
When Your Child Is a Bystander

- Encourage your child to tell a trusted adult about the bullying. Encourage your child to join with others in telling bullies to stop.
- Help your child support other children who may be bullied. Encourage your child to include these children in activities.



Information regarding Bullying from an excerpt: [Back-to-School Tips - HealthyChildren.org](http://HealthyChildren.org)

**“Success is the sum of small efforts, repeated day in and day out.”
– Robert Collier**



Respect for Parents is August 1st (and honestly should be every day)

Created by Marilyn Dalrymple from Lancaster, CA, to bring an awareness of the love and sacrifice, nurturing and protecting that parents provide. Our parents are our first loves, charged with the responsibility to bring us up in the ways that we should go. They teach us to communicate, to make good choices, they help us to become the best version of ourselves. Hopefully, they lead by example. Cheer us on, compassionately correct our mistakes, teach us to cope, help us to get up and move on when we stumble. What is the most important lesson(s) your parents taught you? What do you hope to impart to your child? Honor your father and mother every day.

Parents now is a great time to spend time with your child(ren). Listen with an empathic ear. Do you hear the real message in their communications? Are they excited, afraid, happy, nervous? How can you help them sort out their feelings, express them and manage them? Time with our children is fleeting, treasure every moment. The following is an excerpt from National Son's and Daughter's Day - National Day Calendar "Every child is different. Their personalities uniquely fitted to them. While one child devours books, another may deconstruct every electronic device in the house. The chatterbox keeps us awake on long road trips and the night owl keeps us alert to everything under the stars. No two are the same. That's exactly how it's supposed to be. Celebrate them and the parts they play in your family."

Preparing Your Littles for School Before it Begins

Lunch/snack

- ♦ Have your child practice eating their "school lunch." Actually pack them a lunch, set a timer for 20 mins and have them practice opening packages, milk, etc and eating it independently.
- ♦ Water bottles! Flip tops are the better choice, don't bring in screw tops, they will definitely spill them. Make sure to label it with your kiddos name.

Restroom

- ♦ PLEASE have your child practice wiping their own bottoms. Many times we have had kiddos yelling from the bathroom "Can you wipe me?!" Nope. Nope, I can't! Try your best
- ♦ If your child cannot independently button their pants, use stretchy pants.
- ♦ Pack an extra outfit in your child's backpack- socks and all! Even though your child has never had an accident... you never know!! And it is so much easier to quickly sneak that bag into the bathroom without anyone knowing than calling the office and interrupting you at work to bring clothes.

Shoes

- ♦ Please don't have your child wear shoes with laces unless they can tie them. As you can imagine- tying 26 pairs of shoes all day long- takes a chunk of the learning day- Velcro is best!

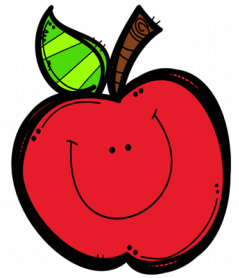
Supplies

- ♦ Yes, your child will need all of the glue sticks and crayons We go through so many so quickly! Please don't bring in scented glue... this will just encourage them to eat it.
- ♦ Backpacks! Be sure to get a full sized backpack. All of their items will fit more easily.

Love Notes

- ♦ Encourage independence!! The more and more you tell your child "You can do it! Try your personal best!!" the better they will be!! Promise! Even if it takes you 10 mins longer to get ready, it will be worth it in the end! It will build their confidence and independence!
- ♦ Most importantly... remember we are in this together!! We are a team! I need you just as much as you need me. If you have a question, just ask. And if you don't believe everything they tell you... I won't believe everything they tell me You'd be surprised at the stories we hear! But in all seriousness, enjoy this special time! We are here to help you and make this the most memorable year yet! If you ever have any questions, please don't hesitate to reach out!

Excerpt from Facebook post by Kelly Marie to Kindergarten parents but it works for others as well.



Thank you *all* for the tremendous participation in the *Let's Have Fun This Summer* activities. We hope you enjoyed it. Let us know.

The winners are:

Patriotic Week:

Victoria Clinic- George
Edna Clinic- Ily
Port Lavaca - Daniel

Aloha Summer:

Victoria Clinic-Daemon
Edna Clinic- Legend
Port Lavaca Clinic- Thiago

Out of this World:

Victoria Clinic-Jase
Edna Clinic- Legacy
Port Lavaca Clinic- Abraham

Rock & Roll Week

Victoria Clinic-Paisley
Edna Clinic- Raul

Make the First Day Easier

- * Start your child's school year sleep/wake cycle 2-3 weeks before school starts so there are not so many changes at one time.
- * Don't wait until the first day of school to discuss issues or special needs your child may have. Schools are open before classes formally start.
- * Discuss your child's re-entry into the new school year. Perhaps you could take your child to tour the school prior to classes starting- call the school and ask- especially if it's a new community or school for your child.
- * Point out the positive aspects of school good memories from last year, excitement for what will be, seeing their friends, making new friends, fun
- * Get to school early the first day to cut down on stress.
- * Let your child's teacher know you are interested in your child's education. Make your child's learning a team effort.

Edited & modified from-
Back-to-School Tips - HealthyChildren.org

A Little Humor

Why was the clock called to the principal's office?





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*Nunc Coepi
"Now I Begin"*

Answer to The July Joke:

Why were the ducks
happy about the
4th of July?

Because there were
fire-quackers.



STAFF NEWS-

Welcome back La Rae! we know we can't measure up to hanging out with Jesse but we'll try. Prayers for a peaceful transition.

We wish Sydney Ebrom (DeTar) & Jayde Stockbauer (VISD) all the best in their perspective new jobs. Thanks for being apart of the BKS family. God be with you both.

We wish Kelsey Hicks prayers for a great year as she returns to the VC Respiratory Therapy program. (She will remain part-time at BKS-- school before scanning, homework before house-keeping)

Prayers for success to our summer students- Megan Blakeney, SLP. Congrats on your graduation and good luck in your new job at Cuero ISD. And to Emily Jeacock as she returns to college for the final stretch before becoming an OTR. Don't forget us ladies. Keep our number handy.

On August 11th we will welcome Morgan Bures to the BKS family as the new office assistant.

We also welcome to the fam. Brooke Conners, COTA as PRN staff member of our OT department.



Birthday Wishes & Blessings

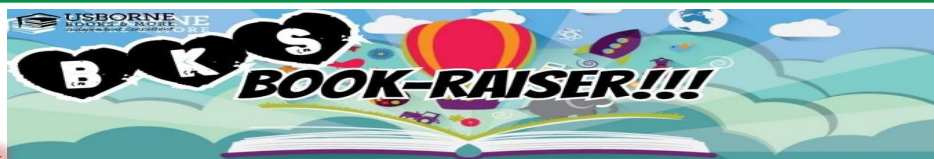
Brandy Ermis, PTA	8/6
Jayde Stockbauer, COTA	8/11
Sevanah Campos, SLPA	8/28

*****NOTICES*****

We will be closed Thursday & Friday August 19th & 20th for a staff retreat. Please be aware of schedule changes. If you would like to make-up your child's appointment PLEASE inform the front desk staff so we can reschedule.

There is still time
to order!! Until
midnight 8/13/21

What's better than a great summer read and helping others too?! Building Kid Steps is partnering with USBORNE BOOKS to bring you a virtual opportunity to order your very own adventures in reading and at the same time help us earn books to gift to our clients.



Join us for a virtual book fair to earn FREE books for our kids here at BKS!!!

When: July 13th @ 8 PM

Where: Facebook

Fair Link: (to learn about the books)

<https://fb.me/e/1zTSIb6yo>

Shop Link: (to make a purchase)

<https://h12883.myubam.com/2163906>

****SHOP LINK is OPEN until August 13th!****