



The Snap-Clap, Chit-Chat, Pitter Patter

**Oh give thanks to the Lord; call upon his name; make
known his deeds among the peoples!
1 Chronicles 16:8**

Dear Family,
Gosh, wow!!! Here we are again in the month of giving thanks. No matter the month or day, please be assured of our gratitude for you and your the family. As we move into the holiday season we realize things are a bit hectic, we also know how important continuing therapy is for your child's continued success. We are making our best effort to help you uphold your family traditions, balance irregular schedules of the season, and make it possible for your child to attend therapy. Under **STAFF NEWS** on pg 4 you will find a QR Code which will allow you to make known your choice for attending therapy during the Christmas break. We look forward to fun days ahead and your child's participation. If you have problems or are unable to use a QR Code, please let our staff know so we can accommodate you in paper form.

In the light of appreciation we would like to give a shout out to all the caregivers who interact with our clients: parents, grand-parents, nurses, neighbors, friends, spouses, If you are responsible for someone else's well-being, yea! You! You are seen, You are blessed, and graces are being poured out on you for your efforts. We love and appreciate you very much.

We also send out our heartfelt love and gratitude to all Veterans of all wars.

Thank you for your service. May God bless you with healing of mind, body, soul and spirit. May you know peace that surpasses all understanding. You are our heroes.

We love you Veterans.

LWM



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Upcoming Events:

- ☺ **Prayer group-
Mondays @ Noon- in
person or by zoom**
- ☺ **Thanksgiving- closed
Thursday 25th &
Friday 26th**

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Need some cute, quick snack ideas to be thankful for....

You'll need...

Clear plastic gloves

Autumn Colored goldfish crackers

Popcorn

Twist tie wrap

Red & orange felt

Googly eyes

Fill the fingers of the glove with crackers, top the glove off with popcorn, twist tie it closed. Stick on the eyes on the thumb, cut an orange, triangular beak and red strip for the beard, attach below the eyes.

Ta da turkey treats to give or keep.



[Thanksgiving Turkey Snack Bags - That's What {Che}](#)

Materials: Pudding /Jello cups, Fall feathers, Wiggle eyes, Felt, scissors & craft glue. Glue tail feathers to back of upside down pudding or Jello, cut beak, beard and feet from felt, glue eyes, beak and beard to face side of cup and feet to the lid of the container.

[The Keeper of the Cheerios: Turkey Pudding Cups & Turkey Jello Cups](#)
(thekeeperofcheerios.blogspot.com)



A FEW INTERESTING FACTS ABOUT THANKSGIVING

1. THE "MOTHER OF THANKSGIVING," AS IT'S KNOWN. SARA HALE (1788-1879) WAS A POWERFUL EDITOR AND WRITER WHO LOBBIED PRESIDENT ABRAHAM LINCOLN TO DECLARE THANKSGIVING DAY A NATIONAL HOLIDAY.
2. 4,500 CALORIES ARE EQUIVALENT TO 14 PIECES OF PUMPKIN PIE.
3. COOKING A THANKSGIVING FEAST TAKES AROUND 7 HOURS ON AVERAGE. IT TAKES AROUND 16 MINUTES FOR PEOPLE TO DEVOUR IT.
4. A "WATTLE" IS A FLAP OF SKIN THAT HANGS FROM A TURKEY'S CHIN. A "SNOOD" IS THE WRINKLED ITEM THAT HANGS OVER THE TURKEY'S BEAK.
5. MALE TURKEYS ARE THE ONLY ONES WHO GOBBLE, WHICH IS PRESUMABLY WHY THEY'RE DUBBED "GOBBLERS."
6. ON THANKSGIVING, AMERICANS CONSUME AROUND 535 MILLION POUNDS OF TURKEY.
7. IN 1876, THE FIRST THANKSGIVING FOOTBALL GAME TOOK PLACE.
8. ON THANKSGIVING DAY, AROUND 50 MILLION PEOPLE TUNE IN TO WATCH MACY'S THANKSGIVING DAY PARADE ON TELEVISION.

"What if today, we were just grateful for everything?"

-Charlie Brown



Tic-Toc, Tic-Toc Time to Turn the Clock....
Daylight Savings Time ends Sunday Nov. 7th @ 2 a.m. Don't forget to turn the clocks BACK 1 hour before you go to bed on Saturday, November 6th. WooHOO we get an extra hour of sleep this night.



Did you know.....The United States first observed Daylight Saving Time in 1918. In Arizona, only northeast Arizona observes day light savings time. The rest of Arizona and Hawaii do not observe the time change. Historically, there were no uniform rules for DST from 1945 to 1966. This caused widespread confusion, especially in transport and broadcasting. The Uniform Time Act of 1966 aligned the switch dates across the USA for the first time.

[Daylight Saving Time 2021 in the United States \(timeanddate.com\)](#)

Do you know.....

WHY GRATITUDE IS IMPORTANT

Gratitude is closely tied to happiness and satisfaction. Research has shown that grateful people are more likely to be happy, positive, hopeful and physically energetic. They also tend to be more spiritual, more forgiving, and more empathetic. In addition, thankful people tend to be less depressed, envious and neurotic.

Gratitude can...Open doors to more relationships, Improve health, both physical and psychological, enhance empathy, reduce aggression, helps you sleep better, improves self-esteem, increases mental strength.

Learn more at: <https://www.psychologytoday.com/>

[7 Scientifically Proven Benefits of Gratitude | Psychology Today](#)

A Little Humor

What was the turkey thankful for on Thanksgiving?



Thanksgiving

SCATTERGORIES GAME

Write down a Thanksgiving themed word that begins with each letter of the alphabet.

A	_____	N	_____
B	_____	O	_____
C	_____	P	_____
D	_____	Q	_____
E	_____	R	_____
F	_____	S	_____
G	_____	T	_____
H	_____	U	_____
I	_____	V	_____
J	_____	W	_____
K	_____	X	_____
L	_____	Y	_____
M	_____	Z	_____

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*Nanc Coepi
"Now I Begin"*

STAFF NEWS -

We are using technology to schedule for the Christmas holidays. Please use the QR Code here to notify us of your Christmas holiday plans for your child's therapy.



Birthday Wishes & Blessings

Susie Gomez 11/27

*****NOTICES*****

BKS will be closed for Thanksgiving Thursday Nov. 25th & Friday Nov. 26th
Please remember to let the staff know your intentions for the week so we can schedule accordingly.

Answer to The October Joke:


How do you fix a broken Jack-O'-Lantern?



With a pumpkin patch.

How to Honor a Veteran by wearing a Poppy

Ever wonder why Veterans day is on the 11th and does not change ? World War I ended on the 11th month on the 11th day on the 11th hour. Today I saw a man selling poppies stop a lady and asked if he could re-position her poppy. While doing so he told that lady she should wear the poppy on their right side; the red represents the blood of all those who gave their lives, the black represents the mourning of those who didn't have their loved ones return home, and the green leaf represents the grass and crops growing and future prosperity after the war destroyed so much. The leaf should be positioned at 11 o'clock to represent the eleventh hour of the eleventh day of the eleventh month, the time that World War I formally ended. He was worried that younger generations wouldn't understand this and his generation wouldn't be around for much longer to teach them. We must remember those from our current wars too!

For those that do not know, the eleventh day of the eleventh month is Veterans Day! I copied this from someone else. Please do the same to pass this knowledge on to those who don't know the meaning and who care enough to know. 



Veterans Day

Veterans Day is an official United States holiday which honors people who have served in our armed services. These men and women are known as veterans. It is a federal holiday that is observed on November 11. Veterans Day is a day set aside that helps us remember the anniversary of the end of world war I. World War I battles were formally ended at the 11th hour of the 11th day of the 11th month of 1918.

We celebrate Veterans Day each year as a time to be dedicated to the cause of world peace. We thank all our veterans for serving and giving to make our country free, peaceful, and strong.