



The Snap-Clap, Chit-Chat, Pitter Patter Newsletter

So whoever is in Christ is a new creation: the old things have passed away; behold, new things have come.
2 Corinthians 5:17

Dear Family,

Were you able to experience the fullness of the Christmas season with all your senses? Now we wait in joyful hope for the coming of 2021. This time of year often brings an avalanche of emotions, memories, nostalgic conversations, wishful thinking and resolutions. A resolution is a noun, a firm decision to do or not to do something. Resolve means basically the same thing. Resolve is a noun— a thing or something to possess but it is also a verb— a call to action. In other words resolve also means *be transformed into · become clearly visible*. As you process the past year and prepare for the one coming, focus on manageable goals and realistic expectations, be kind to yourself and set in motion habits that will transform your life. Resolve to resolve. Make a firm decision, then, choose that which will transform you— body, mind, spirit, heart, and soul so that you become fully the person you were intended to be to experience joy, happiness, peace and love even in the midst of chaos.

Commit to small changes to prevent becoming overwhelmed. Think about a word or short phrase to concentrate on. Look and listen you are likely to notice a specific theme coming up— perhaps this is the area of healing or strengthening you are being lead to encounter this year. Take a moment. What's *your* word for 2021? Clear out the negativity in your life— toss out the rubbish, forgive, mend relationships. Let the old things pass away. Open wide a new space, a fresh start, a new creation. Make healthy choices that support your body. Learn something new— find a hobby that challenges your mind and lifts your spirit. Show charity, a great love for others. Volunteer or do something for someone who could never repay you. It'll do your heart good. Spend quality time in reflection it will refresh your soul. LWM



Volume 1 Issue 8
January 2021

Upcoming Events:

- ☺ Prayer group-pending
- ☺ VBS- still pending
- ☺ Remodeling
- ☺ Demolition/ Reconstruction

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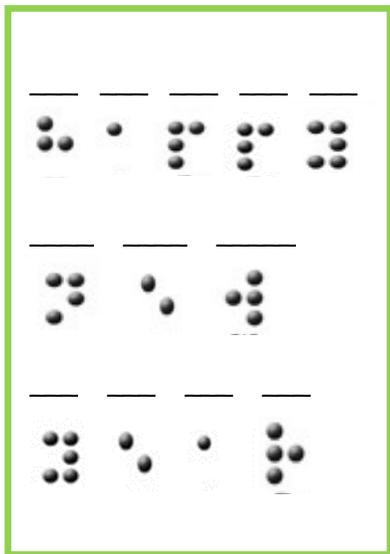


NATIONAL BRAILLE LITERACY MONTH

Braille is an embossed writing code for tactile reading by the blind and visually impaired community. Reading Braille is a skill to be awed as is everything it's done to help the visually impaired all over the world for more than a century. A few facts about Braille.

1. Braille is not a language. Most languages have their own Braille system.
2. Louis Braille became blind at the age of 3 after a tragic accident while playing with an awl in his father's leather goods shop. He created this system of reading between the age of 12-15 while attending school at the Institution Nationale des Jeunes in Paris. Braille became official in 1824.
3. The code contains characters called "cells" There are 63 possible combinations using a 6 dot matrix. 2 columns of 3 rows. Each character- letter, number or punctuation is formed by a unique pattern of dots.
4. Braille exists for feet, too! Businesses actually have to meet standards set by the ADA, and one of those standards is to have Braille on the ground to keep them out of dangerous areas. You know those big, bright, yellow strips you see at the ends of sidewalks and sometimes as you walk out of a restaurant or store? That's Braille for your feet. [NATIONAL BRAILLE LITERACY MONTH - January - National Day Calendar](#)
5. A majority of legally blind children in the U.S. don't use Braille resources. Believe it or not, 34% of the more than 59 thousand legally blind American children are considered non-readers. Due in part to the advancement in audio technology.

For more info follow the link . [Braille | writing system | Britannica](#)



BRaille ALPHABET

Alice Fleming Telich

Using the Braille Alphabet above, can you read the phrase in the box on the left?

"What a wonderful thought it is that some of the best days of our lives haven't even happened yet."
- Anne Frank,



NATIONAL BLOOD DONOR MONTH

Millions of people including cancer patients, organ recipients, and victims of accidents; rely on blood donations. Here are some of the biggest reasons giving blood is so important.



1. *About 36,000 units of red blood cells and 7,000 units of platelets are needed every single day in the U.S.*
2. *The most requested blood type by hospitals is type O. This kind of blood can be transfused to patients of all blood types, so it's always in great demand and very short supply. Only 7% of people in the U.S. have type O.*
3. *A single car accident victim may need up to 100 pints of blood to survive.*
4. *About 6.8 million people donate blood every year in the U.S.*
5. *38% of our population is eligible to donate, but less than 10% actually do.*
6. *Donating blood is a simple, safe process. All you have to do is register, take a mini medical history test, donate, and then accept free refreshments like water, Gatorade, granola bars, etc.*

South Texas Blood & Tissue Center website-

<https://biobridgeglobal.org/donors>

**South Texas Blood
& Tissue Center**
Local info:
1109 Sam Houston Dr,
Victoria, TX 77901



(361) 576-3651



**Facebook
South Texas Blood
& Tissue Center -
Victoria Donor Room**



Hobbies can be a great source of stress relief, an opportunity to use your God-given talents- What are your talents?

Hobbies can engage your mind, quench your curiosity. What do you wonder?

Hobbies can distract from negativity and illuminate creativity. What lifts your spirits?

Makes you smile?

Warms your heart?

Do that! Make it a habit, find others that enjoy it too. Teach your children, share your gifts, pass them on. Discovery something new and lovely about yourself. Mostly, have fun.

A Little Humor

What do you get when you cross Frosty with a baker?





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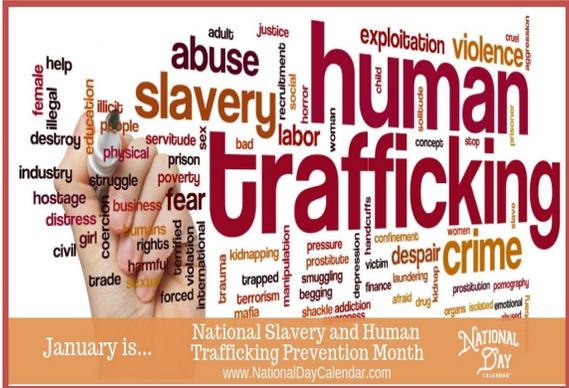
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*Nunc Coepi
"Now I Begin"*



STAFF NEWS-

Prayers from our staff to your family for a year of abundance of the things you are in most need of— physical, emotional, spiritual, financial, material goods.

We are thrilled to have the gym remodeled and back in order. Continued appreciation for your understanding as we continue the slow progress of renovation. Your prayers for this project are most appreciated.

Answer to December's Joke:



What type of cars do Elves drive?
Toy-otas

NOTICES

****Please Notify the Staff of any changes in your insurance plans. ****

Thank you for your continued efforts to follow the clinics health policies- If you, your child or anyone in your family are ill, please do not bring your child to face-to face appointments until fever & symptom free for 24 hours. Call the clinic to cancel as soon as you know of a family illness. We will be happy to reschedule the appoint or arrange for short term remote sessions. If your child's school closes due to increased illness please inform the clinic and arrange for temporary remote sessions.

If you need information regarding human trafficking or related abuses call **1-888-373-7888**, or go to **Visit www.dhs.gov/blue-campaign**

National Sunday Supper, Slow Cooker, Soup Month

How very convenient, in one, relaxing, easy, afternoon you can celebrate 3 National Awareness events. Find your favorite soup recipe, toss the ingredients in the slow cooker, go relax, spend time with your family or turn your attention to a hobby. Then come back together around the supper table to share comfort food, light-hearted conversation and special memories. You may find these simple pleasures are what sustains you for the week ahead, then for months and finally years to give you the resolve to persevere in good times and not such good times. What's your family's favorite soup recipe? Have fun reading and choosing recipes as a family. Try something different— like a spice or interesting ingredient combos, maybe even prepare an international dish. Savor the moments. Bon Appetit.